

Chaplet

to the Holy Spirit

This Chaplet was composed in 1892 by a Franciscan Capuchin missionary of the English Province in order to give the faithful an easy means of honoring the Holy Spirit. It was approved by Pope Leo XIII in 1902.

Make the sign of the Cross on the first bead

In the name of the Father, and of the Son, and of the Holy Spirit.

Pray an Act of Contrition on the second bead:

O my God, I am heartily sorry for having offended Thee. I detest all my sins because I dread the loss of Heaven and all the pains of hell, but most of all because they offend You, my God, Who are all good and deserving of all my love. I firmly resolve, with the help of Your grace, to sin no more and to avoid the near occasions of sin. Amen.

Recite the hymn Come Holy Ghost on the third bead

Come, Holy Spirit, fill my heart with Your holy gifts. Let my weakness be penetrated with Your strength this very day that I may fulfill all the duties of my state conscientiously, that I may do what is right and just.



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Let my charity be such as to offend no one, and hurt no one's feelings; so generous as to pardon sincerely any wrong done to me. Assist me, O Holy Spirit, in all my trials of life, enlighten me in my ignorance, advise me in my doubts, strengthen me in my weakness, help me in all my needs, protect me in temptations and console me in afflictions.

Graciously hear me, O Holy Spirit, and pour Your light into my heart, my soul, and my mind. Assist me to live a holy life and to grow in goodness and grace. Amen.



During the praying of each set of seven beads, the faithful is asked to meditate on one of the five mysteries (below); therefore, commemorating the Five Holy Wounds of Jesus which are the fountains of grace which the Holy Ghost imparts to all men.

On the two Our Father beads, mention the mystery then pray one Our Father and one Hail Mary.

On each Hail Mary bead pray a Glory Be.

On the first bead, conclude by praying the Apostles' Creed (as a profession of faith).

On the final bead, pray one Our Father, one Hail Mary and one Glory Be.

1st Mystery

By the Holy Ghost is Jesus conceived of the Blessed Virgin Mary.

The Meditation: "...The Holy Spirit will come upon you, and the power of the Most High will cover you with its shadow. And so the child will be holy and will be called Son of God." (Luke 1:35)

The Practice: Diligently implore the aid of the Divine Spirit, and Mary's intercession, to imitate the virtues of Jesus Christ, Who is the Model of virtues, so that you may be made conformable to the image of the Son of God.

2nd Mystery

The Spirit of the Lord rested upon Jesus when he was baptized.

The Meditation: "And when Jesus had been baptized he at once came up from the water, and suddenly the heavens opened and he saw the Spirit of God descending like a dove and coming down on Him." (Matthew 3:16)

The Practice: Hold in the highest esteem the priceless gift of sanctifying grace, infused into your soul by the Holy Spirit in baptism. Keep the promises to which you then pledged yourself. Increase, by constant practice, Faith, Hope, and Charity. Ever live and become children of God and members of God's true Church, so as to obtain, hereafter, the inheritance of Heaven.



3rd Mystery

By the Spirit is Jesus led into the desert to be tempted by the devil.

The Meditation: "Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit into the desert, for forty days being put to the test by the devil." (Luke 4:1-2)

The Practice: Be ever grateful for the sevenfold gift of the Holy Ghost bestowed upon you in confirmation, for the spirit of wisdom and understanding, of counsel and fortitude, of knowledge and piety, and of the fear of the Lord. Faithfully yield to His Divine guidance, so that, in all the trials and temptations of life, you may act manfully, and become a perfect Christian and valiant soldier of Jesus Christ.



4th Mystery

The Holy Spirit in the Church.

The Meditation: "...suddenly there came from Heaven a sound as of a violent wind which filled the entire house in which they were sitting...They were all filled with the Holy Spirit and began to speak different languages as the Spirit gave them power to express themselves." (Acts 2:2, 4)

The Practice: Thank God for having made you a child of His Church which is ever animated and directed by the Divine Spirit, sent into this world for that purpose of the day of Pentecost. Hear and obey the Holy See, the infallible mouthpiece of the Holy Ghost, and the Church, the pillar and ground of truth. Uphold her doctrines, seek her interests, defend her rights.



5th Mystery

The Holy Spirit in the soul of the just man and just woman.

The Meditation: "Do you not realize that your body is the temple of the Holy Spirit, who is in you and whom you received from God?" (1 Corinthians 6:19) "Do not stifle the Spirit." (1 Thessalonians 5:19) and "do not grieve the Holy Spirit of God who has marked you with his seal, ready for the day when we shall be set free." (Ephesians 4:30)

The Practice: Be ever mindful of the Holy Spirit Who is within you, and carefully cultivate purity of soul and body. Faithfully obey His Divine inspirations so that you may bring forth the fruits of the Spirit - Charity, Joy, Peace, Patience, Dignity, Goodness, Long-suffering, Mildness, Faith, Modesty, Continency, Chastity.

